

*The St. Paul Evangelical Lutheran Church
and Bethany Ministry
Lifting High the Cross on Greenwich Avenue, Warwick, Rhode Island*

MAY 2023



THE MESSENGER

The truth will set you free.

If somebody asks me my favorite verse from the Bible, I will say without hesitation that “the truth will set you free.” John 8:32

Why? When I was a teenager, I was a kid with many questions regarding God and God’s relationship with us. So I used to raise many questions during my Sunday School, and most of the time, my Sunday school teacher shut me down from raising questions, and the response was that I was raising those questions because I lacked faith. So little by little, I drifted away from my faith by being accused of lacking faith and stopped attending church on Sundays.

However, I still believed in a higher power, but I was not sure about the church’s teaching back then. That changed when I started to go to Korean Lutheran Church, where all my questions were answered. My questions were not because of my lack of faith but because my soul was searching for God and wanted to know God, and the truth set me free from the burden and accusation that I carried within me.

This is my faith journey in a short paragraph, which is why my favorite verse from the Bible, “The truth will set you free.”



In Christ,

Dr. Hayley Bang

**FREE
LUNCH!**

at St. Paul

11:30 AM SUNDAYS!!!

TELL YOUR FRIENDS!!!

COME JOIN US!!!



The deadline for the

June 2023 issue

of *The Messenger* will be

Saturday, May 20th.



Suggested Donation

Eternal Candle \$10



Altar & Flowers

Suggested donation

Sunday Flowers \$35



Meetings are 3rd Wednesday of each month.

Next meeting is

Wednesday, May 17th at 10:00 AM

Sunday School Classroom

2nd Floor Sunday School Room

THE MESSENGER

St Paul Evangelical Lutheran Church

401.737.6758

Reverend Hayley Bang, Pastor

Sunday — Saturday

Pamela Wilsey, Parish Administrator

Monday — Friday

9a – 12p

office@stpaulwarwick.org

Website: <http://www.stpaulwarwick.org/>

Facebook: <https://www.facebook.com/St-Paul-Evangelical-Lutheran-Church-83289496451/>



MAY 2023

- Vicki Brown—5th**
- Hillary Strunz—5th**
- Stephen Buban—6th**
- Abigail Dexter—6th**
- Jacquelyn Nelson—8th**
- Judy Forgue—9th**
- Jean Pugliese—10th**
- Michael Charnley, Sr.— 11th**
- Ella Dexter—11th**
- Barbara Pezza—12th**
- Jeremy Dexter—15th**
- Tyler Curcio—17th**
- Rowan Pelletier—17th**
- Stephen Whitney—20th**
- Dawn Lima—28th**
- Sherry Traficante—29th**



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- Herbert F Taylor**
- Janice A Taylor**



MAY 2023

- Thomas & Karen Rowan—6th**
- Richard & Kristi Castore—24th**



Including extended care planning as part of your overall financial strategy

Hopefully, you already have a comprehensive financial strategy in place for your short- and long-term goals. Yet you may be missing a critical component: a plan for extended care. If you're unsure what extended care is or how to incorporate it into your financial strategy, you're not alone. And, as we witnessed this past year with the pandemic, life can change at any moment so it's important to be prepared for the future.

According to Thrivent's 2021 Extended Care Planning Survey, 70% of Americans don't have a documented extended care plan in place for themselves or a family member. Of those who participated in the survey, over half (51%) said COVID-19 did not change their approach to extended care planning at all. This research was conducted in partnership with data intelligence company Morning Consult and polled 2,200 adults across the country between March 11-15.

As defined in the survey, extended care is non-medical care for those who need assistance with basic daily activities such as dressing, bathing or using the bathroom due to a physical or cognitive impairment. An extended care plan should outline your preferences if the need for long-term care were to arise, a designated decision-maker for your care needs, living preferences, and how you're going to fund your care.

Furthermore, the survey revealed that 78% of Americans over the age of 45 report do not have a plan in place, even though the likelihood of needing extended care increases with age, and 59% haven't spoken to anyone about creating such a plan. Additionally, 75% of survey respondents said it would be difficult to pay for long-term care and more than half (52%) wouldn't be able to fund their care if they needed it today.

These findings expose gaps in how people are planning for and thinking about their extended care strategy. It also reinforces the importance of including extended care as part of a comprehensive financial strategy. When you make these important decisions and incorporate them into your overall strategy while you're healthy versus waiting for a crisis to occur, you'll likely feel closer to achieving financial clarity and have more confidence about the future.



Including extended care planning as part of your overall financial strategy (cont.)

Below are a few suggestions from Thrivent to help you start thinking about an extended care plan and how it may fit with your broader financial strategy:

Document the important elements of your plan

You should have a written plan that provides your family with clear directions about how to handle your care. As noted above, it should include the following: 1) what you want to happen if you should need long-term care; 2) who the primary decision-makers are in executing your care; 3) where you want to live and; 4) how you intend to pay for your care.

Discuss your wishes with loved ones.

As you're developing your plan, communicate with family so there's no question about your wants and wishes. If necessary, take time to make any changes to your plan based on their input and feedback. By being proactive with extended care planning and having a direct dialogue with those you love, you can have confidence knowing that you're ready for the future, no matter what happens.

Consider how you will fund your extended care wishes.

Funding care isn't a one-size-fits-all. There are different features for various care options, so it's important to understand the range of costs that may be involved, and how those will factor into your broader financial strategy. Planning ahead will help you figure out the best way to anticipate and navigate these possible expenses.

The pandemic has reinforced the importance of having a comprehensive financial strategy – one that includes extended care. It's important to have these critical conversations with your loved ones early on and while you're healthy. By taking the necessary steps to having an extended care plan, you'll be one step closer to achieving financial clarity, enabling a life full of meaning and gratitude.

This article is not intended to be used as a solicitation for long-term care insurance but is instead meant to provide helpful information that reinforces the importance of extended care planning.

While cleaning and reorganizing, I found this and it spoke to me that day since my best friend Irene passed away around this time last year, and I would like to share this with other people.

Ruthie Johnson March 2023



Easter Reflections

**St. Paul Evangelical Lutheran Church and Bethany Ministry's
Easter Reflection**

After the inspiring sermon on February 19, Outreach Ministry decided to do a Lenten/Easter reflection of St. Paul and Bethany starting on Sunday, February 26, until Pentecost. The congregation is asked to write down their favorite passage of the Bible, Psalms, or Quote. It can also be a story or experience they had with God or a picture. It can even be in another language. We will collect them until Pentecost, maybe read them during Sunday's service, reflect on them, and make a booklet to share afterward. It will also be posted on our website too.

The Vikings are Coming!!

Come experience a real-life
Viking encampment!

Come learn history, day-to-day life, and fighting from
The Vikings

Saturday, June 10th
Midsommer at Little Rhody Vasa Park
10 Boswell Trail, Foster, RI
(see our Midsommer flyer for more details)





MID SUMMER 2023

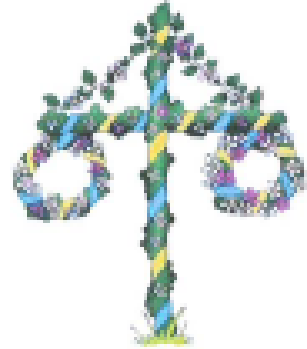
SPONSORED BY PIONEER LODGE #506 VOA

AT

LITTLE RHODY VASA PARK

10 BOSWELL TRAIL

FOSTER, RI



SATURDAY June 10, 2023

Spend the day with us from Noon to 5 PM (Please note time change)

FLAG CEREMONY AT 1 PM

\$5 gate fee for all adults

Presentation of District #3
Scholarships

Children (under 12) free

The Vikings are coming!

The Vikings are coming!



A clan of Vikings will have an en-
campment set up for all day viewing.
A learning experience for both kids
and adults!

Many Scandinavian foods will be served, individual pricing on each item.
Just a sample: Sil Sandwiches (pickled Herring), Kottbullar on a Stick (Swedish Meat-
balls), Platto (Swedish pancakes), Våffeldagen (Swedish waffles), Lefse (Norwegian flat
bread), Swedish Coffee Bread and other treats. For the timid we will have hot dogs
and clam cakes & chowder. **No dinner will be served in the evening!**

Vendors will be present to sell their wares, many with Scandinavian designs.

Dancing around the Midsommar pole, including a traditional dance Små grodorna (little
frog). Wear your wreath of flowers in your hair, a Scandinavian tradition. Swedish
games for the kids and train rides around the Park (no charge).

Raffles!!!

For more info please call Jim at 401-688-0855
No outside food or beverage allowed on the premises.





We pray for the following people:

Cheryl Bailey, Sister Alice Fontaine, Celestina Cabral, Austin Jacobson, Larissa Toth, John Whitcomb, Glenn Carlson, Verna Perrott, Kevin Corriveau, Bob Webb, Tom Thibodeau, Tina Van Warner, Paulette Carter, Emily Burgess, William Schenck, Sarah Comella, Leslie Hill, Lucy Campbell, Claire Connors, Alice, Fran Young, Ellen O'Grady, Michele Wintle, Evaline Richmond, Jennifer Ellis, Kurt Johnson, Karen Johnson, Janice Woodbine, Eliza DeAngelis, Gordon Sundberg, John Hopf, Jenny Patalano, Dorothy St. Onge, Peggy Moore, Nancy Lavoie, Douglas, Nathan, Marion Lucier, Carmen, Susan Hopf, James O'Grady, people of Ukraine and Russia, Denise Gustafson, Robert Rossner, Allison M., Judy Babikian, Sandra, Cathy Drescher, Carole, Astrid Drew, Candy Thomas, Brenda Jacob, Jerri Lynn Jeters, Richard Culton, Karla and Family, Kathy, Vin Cullen, Aubrey Snow, Mary Louise Counnas and Linda Davignon

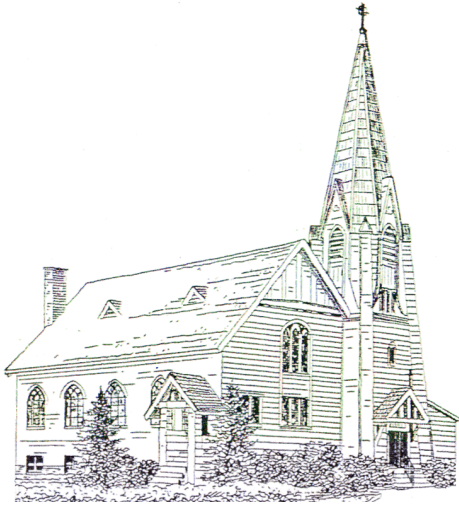
We pray for our homebound:

Ruth McCombs

We pray for those who serve in the military:

Chad Corrigan, John O'Brien, Matthew Wyatt, John Westervelt, Walter Anderson, John Crowley, Nathaniel MacIntosh, Sean Rounds, Jennifer Fleming, Stephen Thomas, Fransheska Gauthier, Zach Shatek, Garrett Knight and Joseph Accetta

**If you would like to add someone to the prayer list,
please call the church office at 737-6758.**



MAY 2023

LOG IN for Zoom meetings is as follows:

Log in Online

<https://zoom.us/j/3172973098>

Meeting ID: 3172973098

Passcode: - Warwick

Dial In By Phone

Phone 312-626-6799 or 929-205-6099

Meeting ID: 317 297 3098

Passcode: 6887533

[FOR WEDNESDAY BIBLE STUDY AND SUNDAY SERVICE...on ZOOM](#)

Reminder to please MUTE your device while listening to the service.

A recording of the video available by noontime Sundays on the Facebook page and a link on the church web home page.